

Coastal Street Medicine Update to City Council

Lucresha Renteria and Linda Jo Stern
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The Team

- Street Medicine clinic staff
 - Bill Simon, RN
 - Ana Toscano, Receptionist & Scribe
 - Matt Winslow, Wellness Coach
 - Janette Ornelas, Mental Health Rehab Specialist
- Steering Committee
 - Lucresha Renteria – Exec. Director, MCC
 - Faith Simon, FNP – Fort Bragg Rural Health Center
 - Carla Harris – Exec. Director, Hospitality Center
 - Linda Jo Stern – Street Medicine coordinator

What is Street Medicine?

- Services for people living unsheltered or who are at risk of becoming homeless
- Provide:
 - basic medical assistance
 - health education
 - connect/reconnect/assist patients to access primary care and mental health services



Street Medicine is
a national and global effort.



**PORTLAND
STREET
MEDICINE**



In Mendocino County, we are the
2nd program, after Ukiah



Where do we see patients?

- Hospitality Center, 101 N. Franklin Street
 - Every Wednesday morning, 9.30-11.30am
 - All are welcome
- Mendocino Presbyterian Church
 - Last Tuesday of each month from 1 – 2.30pm
 - Coordinate with church program of meals, showers, clothing pantry
 - All are welcome



Reasons for visits

- blood pressure checks
- blood sugar checks
- dressing changes
- first-aid for injuries
- assistance with medication
- mental health support
- assistance with referrals and navigation through the healthcare system.





Goals of Coastal Street Medicine

- Improve health status of patients
- Engage patients in primary care
- Reduce visits to the Emergency Room
- Work together with partners re housing and shelter

A unique collaboration

- Mendocino Coast Clinics
 - Nurse and receptionist at each Street Medicine clinic
 - Walk in clinics at MCC on Thursdays and Fridays
 - primary care for complex, high need patients
 - reduce unnecessary ED visits
 - provide continuity of care for homeless patients

A unique collaboration

- Mendocino Coast Hospitality Center
 - Wellness coach and Rehab specialist at each Street Medicine clinic
 - Coordination with case managers and mental health services
 - Coordination with training, support and housing initiatives

A unique collaboration

- Adventist Health Ukiah
 - Financial support
 - Coordination
 - Medical and health care supplies
- MCDH Emergency Department
 - Working together on patient care
 - Working together on implementation of the new discharge law for homeless patients



Patient Statistics

May – December 2018

- 69 individual patients
- 162 visits
- Evenly split between male and female patients
- Majority of patients are 25-59 yo
- Average visit length – 15 minutes



For 2019

- Continue with present services
- Increase outreach, especially to seniors and those not engaged in services
- Possibly increase to one additional site in Fort Bragg
- Work with partners and the city on community initiatives
- Secure funding for program



How you can help

- Advertise Street Medicine in brochures, website, bulletin boards, word of mouth
- Support the Hospitality Center in providing this service
- Encourage folks to use the services of Street Medicine
- Flyers and cards available

Thank you.



For more information:
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