

# Domestic Violence Awareness Month



LEGAL ADVOCACY

> EMERGENCY SHELTER

24-HR CRISIS RESPONSE

INDIVIDUAL COUNSELING

## Services

All services are confidential, free of charge and move at the pace of the client.

**PREVENTION** 

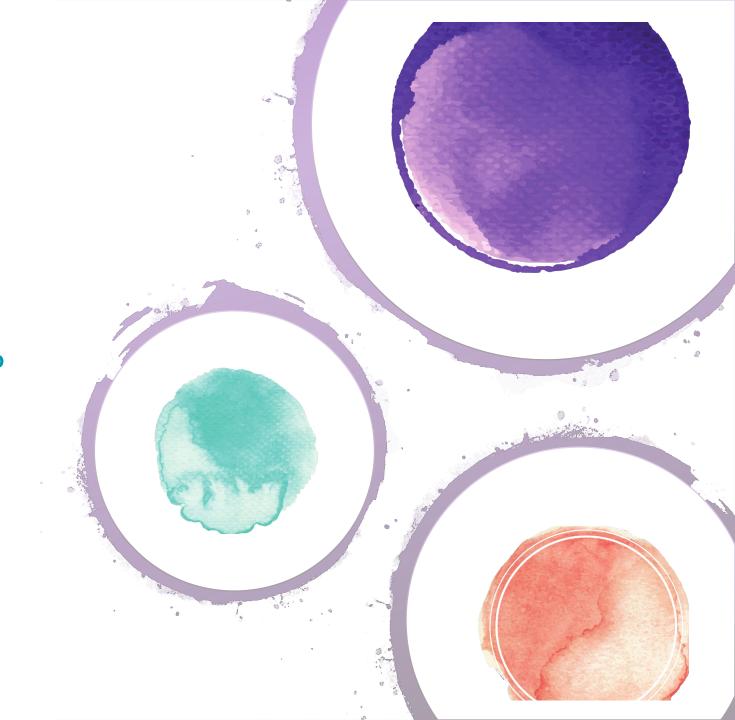
Domestic violence is a pattern of coercive and controlling behavior that can include physical abuse, emotional abuse or psychological abuse, sexual abuse, or financial abuse.

Domestic violence affects people of all cultures, religions, ages, sexual orientations, educational backgrounds and income levels.

## What is domestic violence?

- About 1 in 4 women and nearly 1 in 10 men have experienced sexual violence, physical violence, and/or stalking by an intimate partner during their lifetime and reported some form of IPV-related impact.
- The Centers for Disease Control and Prevention have reported that in homes where violence between partners occurs, there is a 45% to 60% chance of cooccurring child abuse a rate 15 times higher than the average. Even when they are not physically attacked, children witness 68% to 80% of domestic assaults.
- 46% of the homicides in 2019 (US) were killed by a current or former partner.

## At-a-glance



### Prevention









#### Teach safe and healthy relationship skills

- · Social-emotional learning programs for youth
- Healthy relationship programs for couples



#### Engage Influential adults and peers

- Men and boys as allies in prevention
- Bystander empowerment and education
- Family-based programs



#### Disrupt the developmental pathways toward partner violence

- · Early childhood home visitation
- Preschool enrichment with family engagement
- Parenting skill and family relationship programs
- Treatment for at-risk children, youth, and families



#### **Create protective environments**

- Improve school climate and safety
- Improve organizational policies and workplace climate
- · Modify the physical and social environments of neighborhoods



#### Strengthen economic supports for families

- · Strengthen household financial security
- Strengthen work-family supports



#### Support survivors to increase safety and lessen harms

- Victim-centered services
- Housing programs
- · First responder and civil legal protections
- Patient-centered approaches
- Treatment and support for survivors of IPV, including teen dating violence

## Project Sanctuary



We invite YOU to participate in our 20 for 2020 challenge this October. Why 20for2020? Every minute in the Unites, 20 people are physically abused by an intimate partner. This adds up to over 10 million people per year.

Take the **20for2020** challenge with us and empower yourself, your family, and our community to prevent domestic violence.

#### October 2020



#### all events are free and online

Sun	Mon	Tues	Wed	Thu	Fri	Sat
				1	2	3
9:00 AM Gentle 4 Yoga with Delphine	6 PM <u>Healthy</u> 5 Communication Panel in English	6	7	8 5:30 PM <u>At One</u> <u>Restorative Yoga</u> <u>Class</u>	9	10 11 AM <u>Toddler and</u> Parents Exercise <u>Class with Kassie</u> <u>Hayes</u>
9:00 AM Gentle 11 Yoga with Delphine	<b>6 PM</b> Comunicación <sup>12</sup> Saludable, en español	13	14	15 6 PM Nurturing the Nature of Comfort and Health with John Worthington, RN	16	17 11 AM Gymnastics for "Big Kids" with Kassie Hayes
9:00 AM <u>Gentle</u> Yoga with <u>Delphine</u>	<b>6 PM</b> Raising 19 Healthy Men Panel in English	20	2 1 6 PM Community Resiliency Model Training with Ade Aldrich	22 6 PM <u>Movement</u> for Well Being with Madeline <u>Hurst</u>	23	24
9:00 AM Gentle Yoga with Delphine	6 PM Criando 26 Hombres Saludables, en español	27	2 8 6 PM Relaxation and Regulation in Spanish with Magdalena Weinstein	2 9 6 PM Intro to Polyvagal theory with Magdalena Weinstein	30	31









