



City of Fort Bragg

416 N Franklin Street
Fort Bragg, CA 95437
Phone: (707) 961-2823
Fax: (707) 961-2802

Meeting Agenda Community Development Committee

Friday, October 25, 2024

4:00 PM

Town Hall, 363 N. Main Street and Via Video
Conference

Special Meeting

MEETING CALLED TO ORDER

ROLL CALL

COMMITTEE MEMBERS PLEASE TAKE NOTICE

Committee Members are reminded that pursuant to the Council policy regarding use of electronic devices during public meetings adopted on November 28, 2022, all cell phones are to be turned off and there shall be no electronic communications during the meeting. All e-communications such as texts or emails from members of the public received during a meeting are to be forwarded to the City Clerk after the meeting is adjourned.

ZOOM WEBINAR INVITATION

This meeting is being presented in a hybrid format, both in person at Town Hall and via Zoom.

When: Oct 25, 2024 04:00 PM Pacific Time (US and Canada)

Topic: Community Development Committee-Special Meeting

Please click the link to join the webinar: <https://us06web.zoom.us/j/87050868631>

Or One tap mobile: +16694449171,,87050868631# US

Or Telephone: Dial(for higher quality, dial a number based on your current location): +1 669 444 9171 US

Webinar ID: 870 5086 8631

International numbers available: <https://us06web.zoom.us/j/87050868631>

To speak during public comment portions of the agenda via zoom, please join the meeting and use the raise hand feature when the Chair or Acting Chair calls for public comment on the item you wish to address. Written public comments may be submitted to cdd@fortbragg.com.

1. APPROVAL OF MINUTES

- 1A. [24-966](#) Minutes of the September 24, 2024 Community Development Committee

Attachments: [09242024 CDC Minutes](#)

- 1B. [24-987](#) Minutes of the October 22, 2024 Community Development Committee

Attachments: [10222024 CDC Minutes](#)

2. PUBLIC COMMENTS ON NON-AGENDA ITEMS

3. CONDUCT OF BUSINESS

- 3A. [24-708](#) Provide Direction to Staff regarding Installation of Outdoor Exercise Equipment on the Coastal Trail

Attachments: [Par Course Exercise Equipment Options](#)
[Names & Illustrations of Par Course Equipment](#)
[24-708 Public Comment](#)

4. MATTERS FROM COMMITTEE / STAFF

ADJOURNMENT

STATE OF CALIFORNIA)
)ss.
COUNTY OF MENDOCINO)

I declare, under penalty of perjury, that I am employed by the City of Fort Bragg and that I caused this agenda to be posted in the City Hall notice case on Thursday, October 24, 2024.

Maria Flynn, Administrative Assistant

NOTICE TO THE PUBLIC

DISTRIBUTION OF ADDITIONAL INFORMATION FOLLOWING AGENDA PACKET DISTRIBUTION:

- *Materials related to an item on this Agenda submitted to the Council/District/Agency after distribution of the agenda packet are available for public inspection in the lobby of City Hall at 416 N. Franklin Street during normal business hours.*
- *Such documents are also available on the City of Fort Bragg's website at <http://city.fortbragg.com> subject to staff's ability to post the documents before the meeting*

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If you need assistance to ensure your full participation, please contact the City Clerk at (707) 961-2823. Notification 48 hours in advance of any need for assistance will enable the City to make reasonable arrangements to ensure accessibility.

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City of Fort Bragg

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Text File

File Number: 24-966

Agenda Date: 10/25/2024

Version: 1

Status: Business

In Control: Community Development Committee

File Type: Committee Minutes

Agenda Number: 1A.

Minutes of the September 24, 2024 Community Development Committee



City of Fort Bragg

416 N Franklin Street
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Phone: (707) 961-2823
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Meeting Minutes Community Development Committee

Tuesday, September 24, 2024

4:00 PM Town Hall, 363 N. Main Street and via Video Conference

MEETING CALLED TO ORDER

Chair Godeke called the meeting to order at 4:00 PM

ROLL CALL

Staff Present: City Manager Whippy, Assistant Director of Engineering O'Neal, Administrative Assistant Flynn, Consultant Jones.

Present: 2 - Mayor Bernie Norvell and Vice Mayor Jason Godeke

1. APPROVAL OF MINUTES

A motion was made by Committee Member Godeke, seconded by Committee Member Norvell that the minutes of the June 25, 2024 Community Development Committee be approved for Council Review. The motion carried by the following votes:

Aye: 2 - Mayor Norvell and Vice Mayor Godeke

- 1A. [24-957](#) Approve the Minutes of the June 25, 2024 Community Development Committee Meeting

2. PUBLIC COMMENTS ON NON-AGENDA ITEMS

None.

3. CONDUCT OF BUSINESS

- 3A. [24-924](#) Receive a Report on the Policy Options for East of Fort Bragg - Annexation and/or Expansion of the Utility Service Area

Consultant Jones presented the report. Committee Members asked clarifying questions regarding the following topics: How to serve residents who have had their wells go dry and/or failed septic; if all residents would be required to connect to sewer and water; what LAFCo's view on the City expanding the Municipal Improvement District (MID) is; is the City or the property owner responsible to the cost of services being brought to each property; does the existing MID need to be redone, and if so, what are the pros and cons for doing so; what is the cost the City will bear for redoing the MID; how will residents be affected if their property were to be rezoned or "upzoned"; if the City chooses the route of Mello-Roos, would they need to change the General Plan to agree to shoulder the cost of not receiving taxes from property owners; and clarifying the differences in cost across the four annexation areas in Map LU-3.

Public Comment: Stewart Reed (Area 3); Evan Peterson (Area 4); Melvin Pyorre; Jacob Patterson (Area 4); Paul Clark; Jill Rexrode (Area 2); Teddy Wildflower (Area 2); Scott Hockett; David Jensen; Mike Thomas (Area 2).

Discussion: Committee Member Norvell gave context as to why the discussion was brought to the Committee- community members voicing concerns about failed septic systems. He reminded the room that it is the department Staff's job to bring all options to the Committee to make an educated decision. Committee Member Norvell directed staff to bring a report directly to City Council, looking into options for property owners with failed septic to hook into City sewer without annexation. Chair Godeke directed staff to look into fixing the issue with the existing MID and try to include residents with a failed septic system. Consultant Jones noted that the Council can decide to offer just sewer or offer both sewer and water to residents in the expanded MID. City Manager Whippy will discuss the MID issue with LAFCo and bring it to Council if needed. Consultant Jones noted that reestablishing the existing MID and establishing an expanded MID would need to be decided on by Resolution at City Council and by election.

3B. [24-958](#) Receive Oral Update on Installation of City Trees Downtown & Citywide

Chair Godeke gave an update on tree planting in the City. Committee Member Norvell commended Committee Member Godeke's efforts and noted that the dog park is a great option.

Public Comment: None

Discussion: None

4. MATTERS FROM COMMITTEE / STAFF

Consultant Jones updated the Committee on upcoming agenda items.

ADJOURNMENT

Chair Godeke adjourned the meeting at 5:07 PM.



City of Fort Bragg

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Text File

File Number: 24-987

Agenda Date: 10/25/2024

Version: 1

Status: Business

In Control: Community Development Committee

File Type: Committee Minutes

Agenda Number: 1B.

Minutes of the October 22, 2024 Community Development Committee



City of Fort Bragg

416 N Franklin Street
Fort Bragg, CA 95437
Phone: (707) 961-2823
Fax: (707) 961-2802

Meeting Minutes Community Development Committee

Tuesday, October 22, 2024

4:00 PM Town Hall, 363 N. Main Street and Via Video Conference

MEETING CANCELLED

MEETING CALLED TO ORDER

Chair Godeke stated that Mayor Norvell was not present, thus the meeting would be cancelled due to lack of quorum. Chair Godeke noted that a Special Meeting would be held at a date and time to be determined.

ROLL CALL

1. APPROVAL OF MINUTES

- 1A. [24-966](#) Minutes of the September 24, 2024 Community Development Committee

2. PUBLIC COMMENTS ON NON-AGENDA ITEMS

3. CONDUCT OF BUSINESS

- 3A. [24-877](#) Receive Update on Central Business District Economic Development Initiatives and Provide Direction to Staff
- 3B. [24-708](#) Provide Direction to Staff regarding Installation of Outdoor Exercise Equipment on the Coastal Trail

4. MATTERS FROM COMMITTEE / STAFF

ADJOURNMENT



City of Fort Bragg

416 N Franklin Street
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Text File

File Number: 24-708

Agenda Date: 10/25/2024

Version: 1

Status: Business

In Control: Community Development Committee

File Type: Staff Report

Agenda Number: 3A.

Provide Direction to Staff regarding Installation of Outdoor Exercise Equipment on the Coastal Trail



CITY OF FORT BRAGG
Incorporated August 5, 1889
416 N. Franklin Street, Fort Bragg, CA 95437
Phone: (707) 961-2823

MEMO

DATE: October 22, 2024
TO: Community Development Committee
FROM: Marie Jones, Marie Jones Consulting
SUBJECT: **Policy Options for Par Course Equipment on the Coastal Trail**

ISSUE

The Community Development Committee (CDC) requested a preliminary plan to discuss installing a Par Course in Noyo Headlands Park.

ANALYSIS

Prior to bringing this item forward to City Council for further direction, it would be helpful for the CDC to provide direction on the following general issues.

Issue 1: Visual Resources. Noyo Headlands Park and the Coastal Trail are well known now throughout California as an amazing accessible location to get exercise and take in the natural beauty of the ocean, the coast, the park, and the hills and town to the east of the park. If the City Council chooses to go forward with this idea protection of the views to the ocean is required by the Coastal Act and the coastal development permit.

Possible Solutions:

- Locate Par Course equipment to the east of the coastal trail in locations without exceptional visual quality.
- Congregate equipment in three or four areas for a mini workout, rather than offering workout stations dotted along the trail.
- Select neutral and natural tones such as wood for all equipment.
- Avoid plastic and composite materials as they may not be compatible with the natural feel of the Coastal Trail.

Issue 2: Longevity. The coastal environment is extremely hard on all materials except for stainless steel and wood. Additionally, visitors are likely to be hard on this equipment.

Most of the beautiful benches on site are now heavily carved with graffiti, the same will likely happen to Par Course Equipment.

Possible Solution: Require that equipment be stainless steel and wood. Place equipment in areas that are visible to other trail users to reduce damage.

Issue 3: Cultural Resources. Installation of Park Course equipment should avoid cultural resources; therefore, some areas of the site are not an appropriate location for Par Course equipment, and they have been excluded from the maps below.

POTENTIAL LOCATIONS

The maps below illustrate potential locations that may be suitable for Par Course equipment. MJC recommends that CDC select three or four locations, at most, from the possible locations.

South Coastal Trail Parking Lot Area – pick one of two locations?



South Coastal Trail Middle Area – possible location but has visual sensitivity



South Coastal Trail Runway/WWTF – pick one location.



Middle Coastal Trail – pick one.



North Coastal Trail - Otsuchi point – pick one or skip this location.



North Coastal Trail – Parking Lot is suitable for low profile equipment only. Pick one site only or skip this location.



Par Course Exercise Equipment Options

MJC reviewed a range of par course equipment options online and the following pages show samples that could work for this project. Each page includes a link, the name of the manufacturer, and sample photos and designs.

Kopan M Group

<https://www.kompan.com/en/us/p/sol202202>



Calisthenics

<https://whsports.nl/en/product/calisthenics/>



Action Fit

<https://outdoorworkoutsupply.com/collections/parcourse-equipment-for-sale/products/actionfit-combination-course-2-0>



- Multigym – Muscle Fitness
- Cardio Walker – Aerobic Fitness
- Balance Board – Balance Fitness
- Sit-Up Station – Core Fitness
- Knee Lift Station – Flexibility Fitness



Kor Kat

<https://www.korkat.com/product/10-station-outdoor-fitness-course/>



- Vertical Ladder
- Beam Jump
- Stretching Post
- Pull Up and Chin Up Bars
- Jump Touch Beam
- Parallel Bars
- Sit-Up Bench
- Spring Up Bars
- Horizontal Ladder
- Balance Beam
- 3 Large Instructional Signs

Par Course Equipment

Par course exercise equipment includes strength training, plyometric, and stretching stations. Some of the pieces:

- Achilles Stretch
- Sit-and-Reach
- Leg Stretch
- Hamstring Stretch
- Thigh Stretch
- Quad Stretch
- Trunk Stretch
- Vault Bar
- Sit-Up
- Push-up
- Chin-up
- Knee Lift
- Body Curl
- Log Hop
- Parallel Bar Station
- Bench Dip
- Bench Curl

Par course equipment is built with two concepts in mind:

1) blend into the outdoor environment; 2) keep it simple. Many are made of wood with metal posts in green, tan or brown. Some pieces are self-explanatory, but because of the simplicity of the equipment, the purpose of every station isn't always obvious. So the stations should come with illustrated panels that show how to use equipment.

Achilles Stretch



Sit-and-Reach



Leg Stretch



Hamstring Stretch



Thigh Stretch



Quadriceps Stretch



Trunk Stretch



Vault Bar



Sit-Up



Reverse Sit-Up



Push-Up



Chin-Up



Knee Lift



Body Curl



Log Hop



Parallel Bar Station



Bench Dip



Bench Curl



Greg Walker
734 N Main Street
Fort Bragg Ca 95437

October 18, 2024

City of Fort Bragg
Community Development Community
416 N Franklin Street
Fort Bragg Ca 95437

Dear Community and Development Community,

I am writing in support of the Par Course Equipment on the Coastal Trail. This would be a great addition to our Coastal Trail and encourage outdoor activity. It would be used and appreciated by many.


Greg Walker

Fwd: Coastal trail outdoor workout equipment

From Norvell, Bernie <bnorvell2@fortbragg.com>

Date Sat 10/19/2024 11:36 AM

To Flynn, Maria <MFlynn@fortbragg.com>; Sanchez, Diana <Dsanchez@fortbragg.com>

Bernie Norvell
Mayor City of Fort Bragg

Begin forwarded message:

From: G D <zaysdad21@icloud.com>

Date: October 19, 2024 at 11:29:23 AM PDT

To: "Norvell, Bernie" <bnorvell2@fortbragg.com>

Subject: Coastal trail outdoor workout equipment

To whom it may concern,

In regards to installing a par course on the noyo headlands, I believe it would be a wonderful thing for residents & tourists alike.

You can find these stations from San Fransisco all the way down to Venice.

It provides increased accessibility, community engagement, mental & physical health benefits, there family friendly & are convenient.

It would give the youth something to do to stay active, would help those who cannot afford a gym membership & can help others engage in social interaction.

Location would certainly be considered along with obtaining the right equipment selection to help with maintenance, graffiti, etc.

Let's turn this idea into reality for our community!

Thank you for your time

Sincerely

FOGLINE

Sent from my iPhone

public comments about item 3a, 24-708, installing outdoor exercise equipment

From Annemarie <aweibel@mcn.org>

Date Thu 10/24/2024 12:45 PM

To cdd <cdd@fortbragg.com>

To CDC,

I just received the notice about this Special Meeting. As much as I am in favor of installing outdoor exercise equipment in 3 or 4 locations along the Coastal Trail I am dismayed that the public is only given 1 day to check out these locations and have input. I am aware that this is only a preliminary plan, and that the issue will also be discussed by the City Council, but that is still not giving the public time to look into this. Why is the public not given more time to weigh in? Why is this so crucial that a last minute Special Meeting has to be scheduled?

As this is in the Coastal Zone, in a highly scenic area is there no need for a Coastal Development Permit, a MND?

The agenda lists different companies and also different exercise equipment. I am glad that the CDC is conscious about the visual resources and wants to select 3 or 4 locations; neutral, and natural tones; and stick to wood and stainless steel.

What materials will be used under these structures?

It is not clear to me what is meant by neutral and natural tones. Much of the equipment illustrated is painted in greens and blues. I believe these colors should not be used next to the blue/green ocean, the blue sky, and the green grass. We do not want to compete with nature.

As an extreme I want to bring to your attention the color of the Pudding Creek Bridge railing that got painted red/purple as if it is so important. Using this color gives the impression that this bridge's railing is more important than the ocean in the background and the beautiful timber trestle bridge.

I would hope that no decision is made at this Special Meeting considering that people do not have enough time to look into this issue.

Sincerely, Annemarie Weibel

public comments about item 3a, 24-708, installing outdoor exercise equipment

From Annemarie <aweibel@mcn.org>

Date Thu 10/24/2024 9:19 PM

To cdd <cdd@fortbragg.com>

To CDC,

Looking into what several companies offer in regards to outdoor exercise equipment I noticed that the Action Fit Multi Gym set for example is designed for 13 year olds or older people. Also the Kor Kat equipment that would offer various pieces of equipment is designed for 12 year olds and older people. How will that be monitored? Would there also be illustrated panels that indicate for what ages these outdoor exercise equipment are designed for and indicating that people would use them at their own risk.

I picture that younger children while parents are busy making sure they have everything they need and want from their car will run over to the exercise equipment and try out these fun looking pieces of equipment.

There should maybe be one area that has outdoor exercise equipment that is safe for younger children to use with equipment that is close to the ground so they would not get hurt if they tumble.

How will the city be insured for this?

Locally, senior housing at the "Woods" has some outdoor exercise equipment in the back of their swimming pool.

Sincerely, Annemarie Weibel

Fwd: Letter

From Norvell, Bernie <bnorvell2@fortbragg.com>

Date Fri 10/25/2024 7:27 AM

To Flynn, Maria <MFlynn@fortbragg.com>

Bernie Norvell
Mayor City of Fort Bragg

Begin forwarded message:

From: Dr Richard Louis Miller <drrichardlmiller@gmail.com>

Date: October 25, 2024 at 7:26:48 AM PDT

To: "Norvell, Bernie" <bnorvell2@fortbragg.com>

Subject: Letter

Dear CC Members I am writing in support of the outdoor exercise facilities that is bringing proposed for our city. Our country, and thus our coastal community, has been suffering mightily as a consequence of the pandemic. Our good citizens are suffering from anxiety, depression overweight and obesity. Any, and all, additional exercise facilities will get the concept of health and exercise into the public consciousness. Therefore, over time, more and more people will use the exercise facilities and they will become social gathering places. Exercise is a proven treatment for anxiety, depression and overweight. I lend my 64 years of clinical experience in support of the proposed exercise facilities. Respectfully, Dr Richard Louis Miller

Dr Richard Louis Miller
Clinical Psychology
Host, Mind Body Health & Politics
Founding Advisor, Modern Family Institute
Senior Advisor, Changa Institute
Senior Advisor, Alexander Shulgin Research Institute